

About Us

Experience: The Dublin Cosmetic Surgery Centre is the longest established cosmetic surgery centre in Ireland. We can proudly boast many years of expertise having successfully treated thousands of patients. Our aim is to give all our patients the best possible preparation, treatment and aftercare available.

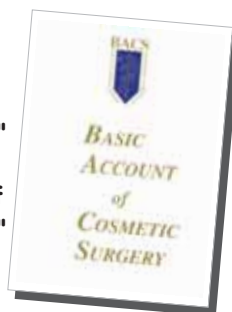
Procedures: We offer a comprehensive range of surgical and non-surgical treatments for men and women. Our surgical procedures are carried out in fully-equipped private hospitals whilst non-surgical procedures are performed at our centre in Dublin as day cases.

Consultation: Before undergoing any procedure, every patient is offered a detailed consultation with the operating surgeon so they are fully aware of the nature of the operation, the possible or likely result and the potential risks involved. The decision to undergo cosmetic surgery then rests entirely with the patient.

Our Senior Surgeon is co-author of



"Every Woman's Guide to Cosmetic Surgery" and "Basic Account of Cosmetic Surgery"



Dublin
Cosmetic Surgery
Centre

Other Surgical & Non-Surgical Treatments Available

Surgery for Women

Breast Enlargement
Breast Reduction
Inverted Nipple Correction
Liposuction
Nose Reshape
Ear Reshape
Face Lift
Eyelid Surgery
Tummy Tuck
Dermabrasion

Surgery for Men

Nose Reshape
Liposuction
Chest Reduction
Ear Reshape
Tummy Tuck
Face Lift
Eyelid Surgery
Dermabrasion

Non-Invasive Treatments Available for Women and Men

Facial Rejuvenation
Dermal & Facial Fillers
Brow Lift
Excess sweating treatment
Lip enlargement
Hibernation treatment for lines & wrinkles
Fat Reduction

Dublin Cosmetic Surgery Centre Ltd

A 20 Fitzwilliam Place, Dublin 2, Ireland

T (01) 661 1637 • F (01) 676 2528

E info@dublincsc.com • W www.dublincsc.com

Consultations & treatments also available in Mullingar



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Guide to Breast Uplift





Guide to Breast Uplift

Technical Name

Mastopexy

Aims

The purpose of mastopexy is to reshape a sagging (ptotic) breast to a more normal, pleasing and youthful shape without changing its actual size.

Indications

The most common reason for mastopexy is loss of breast substance (volume) following pregnancy or weight loss.

The amount of skin covering the breast remains the same but with less breast substance to cover, the breasts become droopy with the nipples lying lower than the breast crease when standing.

Preoperative Considerations

A mastopexy operation will leave noticeable scarring on the surface of the breast. Pregnancy should be avoided for some years after the operation to avoid stretching the scars.

The Operation

Anaesthetic: General

Duration of Operation: 2 hours

1. The precise areas of skin to be removed are accurately marked out on the breasts whilst the patient is standing.
2. The exact amount of covering skin is removed so a new "Skin Bra" is fashioned.
3. The skin is closed with stitches.

Duration of Stay in Clinic: 1 day

Time Required Off Work: 1 week

Postoperative Management

A properly fitted support bra should be worn night and day for some weeks.

The dressings must be kept clean, dry and intact until they are removed. After the dressings are removed the scars can be massaged with skin cream.

Strenuous movements should be avoided for several weeks and driving is discouraged.

Results

It can take several months for the final result to be seen.

With optimum healing of the scars, the results of mastopexy are very pleasing.

