

About Us

Experience: The Dublin Cosmetic Surgery Centre is the longest established cosmetic surgery centre in Ireland. We can proudly boast many years of expertise having successfully treated thousands of patients. Our aim is to give all our patients the best possible preparation, treatment and aftercare available.

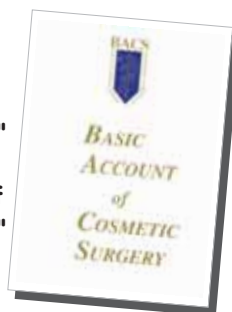
Procedures: We offer a comprehensive range of surgical and non-surgical treatments for men and women. Our surgical procedures are carried out in fully-equipped private hospitals whilst non-surgical procedures are performed at our centre in Dublin as day cases.

Consultation: Before undergoing any procedure, every patient is offered a detailed consultation with the operating surgeon so they are fully aware of the nature of the operation, the possible or likely result and the potential risks involved. The decision to undergo cosmetic surgery then rests entirely with the patient.

Our Senior Surgeon is co-author of



"Every Woman's Guide to Cosmetic Surgery" and "Basic Account of Cosmetic Surgery"



Other Surgical & Non-Surgical Treatments Available

Surgery for Women

Breast Reduction/Uplift
Inverted Nipple Correction
Nose Reshape
Liposuction
Ear Reshape
Face Lift
Eyelid Surgery
Tummy Tuck
Dermabrasion

Surgery for Men

Nose Reshape
Liposuction
Chest Reduction
Ear Reshape
Tummy Tuck
Face Lift
Eyelid Surgery
Dermabrasion

Non-Invasive Treatments Available for Women and Men

Facial Rejuvenation
Dermal & Facial Fillers
Brow Lift
Excess sweating treatment
Lip enlargement
Hibernation treatment for lines & wrinkles
Fat Reduction

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Consultations & treatments also available in Mullingar



Guide to Breast Enlargement





Guide to Breast Enlargement

Technical Name

Breast Augmentation

Aims

The purpose of breast augmentation is to increase breast size by inserting a silicone implant behind the natural breast tissue.

Indications

Women may seek a breast enlargement for one of the following reasons:

- (i) If they have never had a full development of breast tissue.
- (ii) If their breasts have decreased in size following pregnancy, weight loss or ageing.
- (iii) If breast tissue has been surgically removed and the patient is seeking reconstruction.

Preoperative Considerations

The following factors all influence the size and shape of the implant that it is possible to insert:

- The amount of breast tissue
- The amount of covering skin
- The chest width
- The patient's expectations

Although silicone breast implants come with the manufacturer's **lifetime warranty**, it is still recommended to get a breast scan after 10 years to review the implants.

The Operation

Anaesthetic: General

Duration of Operation: 1 hour

1. A small incision is made in the crease under the breast and a pocket is created either behind the breast or the muscle.
2. A silicone implant is then inserted into the pocket.
3. The skin is closed with stitches that do not come through the skin surface which means that there are no stitch marks.
4. A fine tube drain is inserted to let out any fluid that may collect around the implant. The tube is removed the following day.
5. A bandage or support bra is then applied.

Duration of Stay in Clinic: 1 night

Time Required Off Work: 1 week

Postoperative Management

A properly fitted bra should be worn day and night for 2 weeks after surgery. Thereafter, a bra should be worn as normal.

Stitches are usually removed after 7 to 10 days.

Unless their occupation entails strenuous activity or heavy lifting, most women can go back to work after a few days.

Results

Most women are completely comfortable with the change to their breasts and cease to be aware of the implants after a few weeks.

Breast feeding and breast investigations (ultrasound scanning and mammography) should not be impaired.

Flying and deep sea diving are not affected.

