

About Us

Experience: The Dublin Cosmetic Surgery Centre is the longest established cosmetic surgery centre in Ireland. We can proudly boast many years of expertise having successfully treated thousands of patients. Our aim is to give all our patients the best possible preparation, treatment and aftercare available.

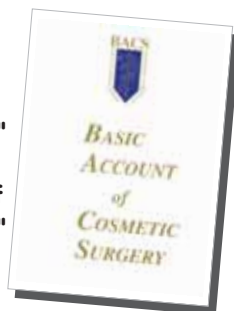
Procedures: We offer a comprehensive range of surgical and non-surgical treatments for men and women. Our surgical procedures are carried out in fully-equipped private hospitals whilst non-surgical procedures are performed at our centre in Dublin as day cases.

Consultation: Before undergoing any procedure, every patient is offered a detailed consultation with the operating surgeon so they are fully aware of the nature of the operation, the possible or likely result and the potential risks involved. The decision to undergo cosmetic surgery then rests entirely with the patient.

Our Senior Surgeon is co-author of



"Every Woman's Guide to Cosmetic Surgery" and "Basic Account of Cosmetic Surgery"



Dublin
Cosmetic Surgery
Centre

Other Surgical & Non-Surgical Treatments Available

Surgery for Women

Breast Enlargement
Breast Reduction/Uplift
Inverted Nipple Correction
Liposuction
Nose Reshape
Ear Reshape
Face Lift
Eyelid Surgery
Tummy Tuck
Dermabrasion

Surgery for Men

Nose Reshape
Liposuction
Ear Reshape
Tummy Tuck
Face Lift
Eyelid Surgery
Dermabrasion

Non-Invasive Treatments Available for Women and Men

Facial Rejuvenation
Dermal & Facial Fillers
Brow Lift
Excess sweating treatment
Lip enlargement
Hibernation treatment for lines & wrinkles
Fat Reduction

Dublin Cosmetic Surgery Centre Ltd

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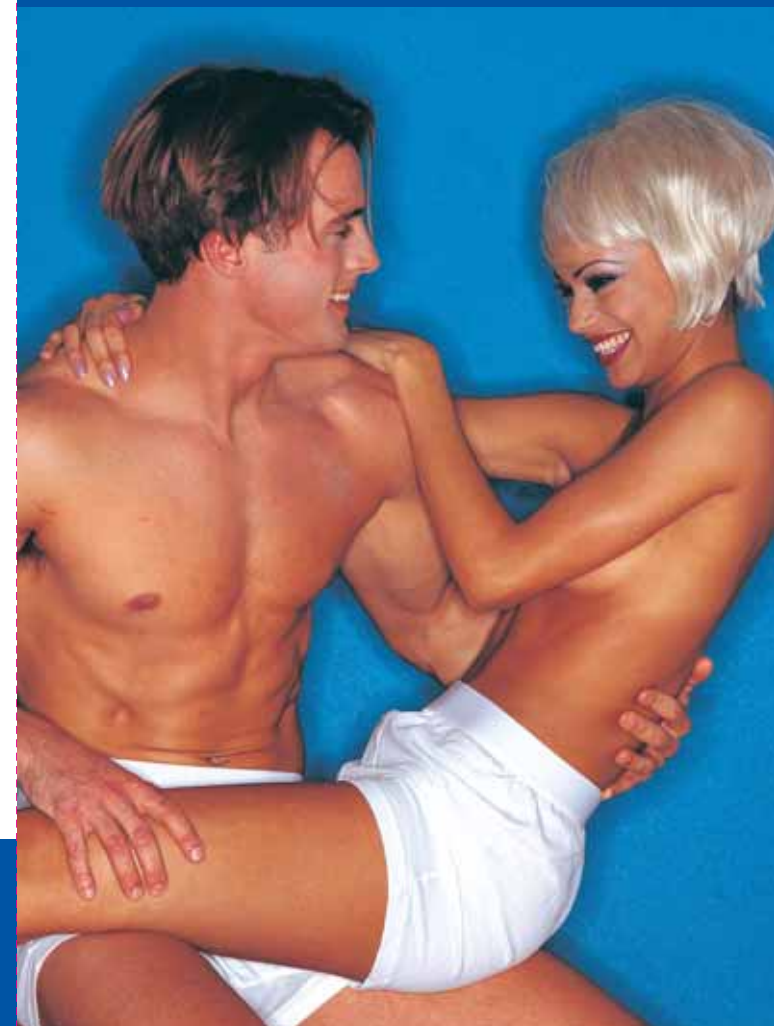
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Consultations & treatments also available in Mullingar



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Guide to Chest Reduction





Guide to Chest Reduction

Technical Name

Gynaecomastia

Aims

The purpose of gynaecomastia is to remove/reduce enlarged male breasts.

Indications

Most men seek chest reduction as a result of the embarrassment that enlarged breasts can sometimes cause. Occasionally, pain and discomfort may be the deciding factor.

Preoperative Considerations

Patients should be fully tested to exclude any suspicious cause for enlarged breasts before chest reduction is considered.

The Operation

Anaesthetic: General

Duration of Operation: 1 hour

1. An incision is made at the base of the breast bone.
2. The excess fat is removed by liposuction (in over 90% of cases this is all that is required).
3. If required, breast tissue is resected (cut out).
4. The incisions are closed with dissolvable stitches.
5. Drains (thin tubes) are sited under the skin to drain any fluids (blood, serum) which are produced immediately following surgery.
6. A pressure dressing is applied and a support garment is fitted.

Duration of Stay in Clinic: 1 day

Time Required Off Work: 2 weeks

Postoperative Management

The pressure garment should be worn day and night for the first week and then during the day for the next 3 to 4 weeks.

Normal exercise can be resumed as soon as it is comfortable (usually after 2 weeks).

Results

Although the result is apparent after a few days it can take several weeks to get the final shape.

