

About Us

Experience: The Dublin Cosmetic Surgery Centre is the longest established cosmetic surgery centre in Ireland. We can proudly boast many years of expertise having successfully treated thousands of patients. Our aim is to give all our patients the best possible preparation, treatment and aftercare available.

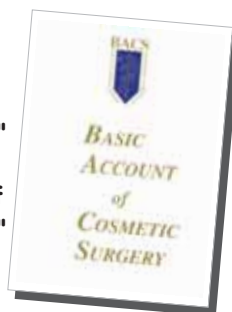
Procedures: We offer a comprehensive range of surgical and non-surgical treatments for men and women. Our surgical procedures are carried out in fully-equipped private hospitals whilst non-surgical procedures are performed at our centre in Dublin as day cases.

Consultation: Before undergoing any procedure, every patient is offered a detailed consultation with the operating surgeon so they are fully aware of the nature of the operation, the possible or likely result and the potential risks involved. The decision to undergo cosmetic surgery then rests entirely with the patient.

Our Senior Surgeon is co-author of



"Every Woman's Guide to Cosmetic Surgery" and "Basic Account of Cosmetic Surgery"



Other Surgical & Non-Surgical Treatments Available

Surgery for Women

- Breast Enlargement
- Breast Reduction/Uplift
- Inverted Nipple Correction
- Liposuction
- Nose Reshape
- Ear Reshape
- Face Lift
- Eyelid Surgery
- Tummy Tuck

Surgery for Men

- Nose Reshape
- Liposuction
- Chest Reduction
- Ear Reshape
- Tummy Tuck
- Face Lift
- Eyelid Surgery

Non-Invasive Treatments Available for Women and Men

- Facial Rejuvenation
- Dermal & Facial Fillers
- Brow Lift
- Excess sweating treatment
- Lip enlargement
- Hibernation treatment for lines & wrinkles
- Fat Reduction

Dublin Cosmetic Surgery Centre Ltd

A 20 Fitzwilliam Place, Dublin 2, Ireland

T (01) 661 1637 • F (01) 676 2528

E info@dublincsc.com • W www.dublincsc.com

Consultations & treatments also available in Mullingar



Guide to Dermabrasion



Guide to Dermabrasion

Aims

The purpose of Dermabrasion or "sanding" of the skin is to remove irregularities in the skin surface.

Indications

Dermabrasion is very effective for the treatment of:

- Acne scarring
- Chicken pox marks
- Radial lip lines (vertical creases around the lip)
- Fine lines and wrinkles (especially in the upper and lower lip regions and around the eyes)
- Superficial skin discolorations

Preoperative Considerations

Severe acne scarring will require several procedures over a period of time.

Patients prone to cold sores will usually be prescribed a course of anti-cold sore (herpes simplex) medication.

The Operation

Anaesthetic: Local (small areas)
General (large areas)

Duration of Operation:
Less than 30 minutes (small areas)
30-45 minutes (large areas)

1. A small wire brush (about 0.5 cm in diameter) is connected to a dental drill.
2. The rapidly rotating brush is passed over the skin producing a superficial graze.
3. The depth of the abrasion will depend on the particular situation.

Duration of Stay in Clinic:
Walk-in, walk-out procedure

Time Required Off Work: 1 week

Postoperative Management

Sleep with the head and torso raised for the first few days to help reduce the swelling.

Prescribed ointments should be applied meticulously. After a few days the face can be washed three times daily with a soft cloth and lukewarm water.

Pinkness, dryness and itching can be reduced with a mild anti-inflammatory lotion or cream.

Avoid excessive straining, lifting, bending, intense

sunlight or extremes of temperature or strong winds for six weeks.

Avoid contact with persons who have herpes simplex (fever blister or cold sores), shingles or chickenpox, impetigo or any other contagious skin disease.

Stay out of the sunlight for 8 weeks as sun exposure can lead to unfavourable skin discoloration. A sun block is highly recommended in the aftermath of a dermabrasion.

Results

The result of a successful dermabrasion operation can be extremely pleasing, especially if the original blemish was very noticeable.

Despite the initial unpleasant appearance, after the first 24 to 48 hours, patients cope very well. The smooth, pink skin will gradually return to normal skin colour during the next six to eight weeks.

