

## About Us

**Experience:** The Dublin Cosmetic Surgery Centre is the longest established cosmetic surgery centre in Ireland. We can proudly boast many years of expertise having successfully treated thousands of patients. Our aim is to give all our patients the best possible preparation, treatment and aftercare available.

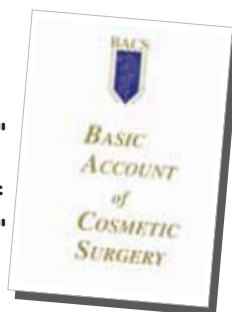
**Procedures:** We offer a comprehensive range of surgical and non-surgical treatments for men and women. Our surgical procedures are carried out in fully-equipped private hospitals whilst non-surgical procedures are performed at our centre in Dublin as day cases.

**Consultation:** Before undergoing any procedure, every patient is offered a detailed consultation with the operating surgeon so they are fully aware of the nature of the operation, the possible or likely result and the potential risks involved. The decision to undergo cosmetic surgery then rests entirely with the patient.

## Our Senior Surgeon is co-author of



"Every Woman's  
Guide to  
Cosmetic Surgery"  
and  
"Basic Account of  
Cosmetic Surgery"



## Other Surgical & Non-Surgical Treatments Available

### Surgery for Women

Breast Enlargement  
Breast Reduction/Uplift  
Inverted Nipple Correction  
Nose Reshape  
Liposuction  
Ear Reshape  
Face Lift  
Tummy Tuck  
Dermabrasion

### Surgery for Men

Nose Reshape  
Liposuction  
Chest Reduction  
Ear Reshape  
Tummy Tuck  
Face Lift  
Dermabrasion

## Non-Invasive Treatments Available for Women and Men

Facial Rejuvenation  
Dermal & Facial Fillers  
Brow Lift  
Excess sweating treatment  
Lip enlargement  
Hibernation treatment for lines & wrinkles  
Fat Reduction

## Dublin Cosmetic Surgery Centre Ltd

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Consultations & treatments also available in Mullingar



## Guide to Eyelid Surgery





## Guide to Eyelid Surgery

### Technical Name

Blepharoplasty

### Aims

The purpose of blepharoplasty is to reduce the excess skin around the eyelid crease and remove the "eye bags".

### Indications

Ageing around the eyes is associated with the formation of excess skin folds and "eye bags".

**Upper eyelids:** there is a downward shifting of the brow and when the eyes are open a fold of skin forms above the eyelid crease.

**Lower eyelids:** as the eyeballs recede slightly into their sockets, fat around them is pushed forwards where it forms soft lumps under the skin ("eye bags").

### Preoperative Considerations

Before surgery, it is recommended to have an eye test to assess vision, tear production and laxity of both lids.

Alcohol should not be consumed for **at least two weeks before and after** the operation.

Aspirin containing drugs should be stopped for **at least two weeks before and after** the operation (if possible).

### The Operation

**Anaesthetic:** Local with sedation  
General (nervous patients)

**Duration of Operation:**  
30 minutes (for upper or lower eyelids)  
1 hour (for both eyelids)

1. In the upper lid, an incision is made in the lid crease.
2. In the lower lid, the incision starts at the outer side in a crow's foot and extends under the eyelashes.
3. Through these incisions, excess fat, skin and if necessary, muscle is appropriately removed.
4. The skin is closed with stitches.

**Duration of Stay in Clinic:** 1 night

**Time Required Off Work:** 2 weeks

### Postoperative Management

Quick movements should be avoided initially.

Cold water compresses should be applied to the eyes for five minutes every hour for the first twelve hours and then three times daily thereafter for three days in order to reduce the swelling and bruising.

Stitches are usually removed after a week.

Ointment and eye drops can be applied at the discretion of the surgeon.

Contact lenses should not be worn for **at least two weeks** afterwards.

Normal activities can be resumed in seven to fourteen days.

### Results

The result of a successful blepharoplasty can be dramatic and extremely pleasing for the patient as well as long lasting. Eyelids without creases and bags will look much younger and the eyes will often look larger.

