

## About Us

**Experience:** The Dublin Cosmetic Surgery Centre is the longest established cosmetic surgery centre in Ireland. We can proudly boast many years of expertise having successfully treated thousands of patients. Our aim is to give all our patients the best possible preparation, treatment and aftercare available.

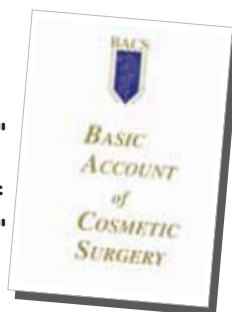
**Procedures:** We offer a comprehensive range of surgical and non-surgical treatments for men and women. Our surgical procedures are carried out in fully-equipped private hospitals whilst non-surgical procedures are performed at our centre in Dublin as day cases.

**Consultation:** Before undergoing any procedure, every patient is offered a detailed consultation with the operating surgeon so they are fully aware of the nature of the operation, the possible or likely result and the potential risks involved. The decision to undergo cosmetic surgery then rests entirely with the patient.

## Our Senior Surgeon is co-author of



"Every Woman's  
Guide to  
Cosmetic Surgery"  
and  
"Basic Account of  
Cosmetic Surgery"



## Other Surgical & Non-Surgical Treatments Available

### Surgery for Women

Breast Enlargement  
Breast Reduction/Uplift  
Inverted Nipple Correction  
Nose Reshape  
Liposuction  
Ear Reshape  
Eyelid Surgery  
Tummy Tuck  
Dermabrasion

### Surgery for Men

Nose Reshape  
Liposuction  
Chest Reduction  
Ear Reshape  
Tummy Tuck  
Eyelid Surgery  
Dermabrasion

## Non-Invasive Treatments Available for Women and Men

Facial Rejuvenation  
Dermal & Facial Fillers  
Brow Lift  
Excess sweating treatment  
Lip enlargement  
Hibernation treatment for lines & wrinkles  
Fat Reduction

## Dublin Cosmetic Surgery Centre Ltd

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Consultations & treatments also available in Mullingar



## Guide to The Facelift



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### Technical Name

Rhytidectomy

### Aims

The purpose of a rhytidectomy operation is to raise and tighten the facial skin, thereby eliminating or decreasing overhanging folds or lines. It also aims to correct the effects of ageing on the deeper structures by tightening and relocating muscles which have stretched and drooped and to remove redundant deposits of fat.

### Indications

To be suitable for this procedure the patient will have experienced some sagging of the facial tissues. However, there is no minimum age that qualifies a person to have the operation because the rate of ageing is unique in every individual.

### Preoperative Considerations

Any problems regarding fitness for facelift surgery will be thoroughly assessed and treated beforehand. Other factors to consider are:

- Smokers should cease smoking **at least six weeks** prior to surgery and for **at least one month** after.
- Alcohol should not be consumed for **at least two weeks before and after** the operation.
- Aspirin or other blood thinning medications should be stopped for **at least two weeks before and after** the operation (if possible).

### The Operation

**Anaesthetic:** General

**Duration of Operation:** 2-3 hours

1. The procedure is carried out through incisions which are carefully hidden in the hairline and natural creases around the ears.
2. The skin of the face and neck is gently lifted from the immediately underlying deeper tissues and stretched upwards to give the youthful effect.
3. If required, excess fat in the neck that causes a double chin is removed by liposuction and the face and neck muscles tightened to produce a rejuvenated jaw line.
4. The skin is stitched or stapled into the correct position.
5. Dressings are placed over the incision lines and the face is bandaged.

**Duration of Stay in Clinic:** 2 nights

**Time Required Off Work:** 2 weeks

### Postoperative Management

Strict bed rest is advised in the immediate postoperative period to reduce the risk of bleeding. Patients are usually advised to sleep with the head elevated for a few days.

Quick movements, bending, straining and lifting should be avoided initially and if possible, sneezing.

Stitches are usually removed after 10 days.

### Results

Patients who are good candidates for a facelift are likely to gain a very gratifying result.

They can look years younger and this can be a great boost for their confidence, both in social situations and at work.

