

About Us

Experience: The Dublin Cosmetic Surgery Centre is the longest established cosmetic surgery centre in Ireland. We can proudly boast many years of expertise having successfully treated thousands of patients. Our aim is to give all our patients the best possible preparation, treatment and aftercare available.

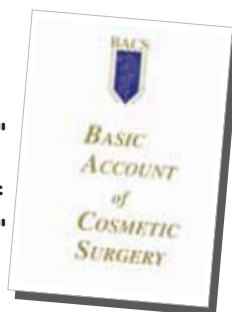
Procedures: We offer a comprehensive range of surgical and non-surgical treatments for men and women. Our surgical procedures are carried out in fully-equipped private hospitals whilst non-surgical procedures are performed at our centre in Dublin as day cases.

Consultation: Before undergoing any procedure, every patient is offered a detailed consultation with the operating surgeon so they are fully aware of the nature of the operation, the possible or likely result and the potential risks involved. The decision to undergo cosmetic surgery then rests entirely with the patient.

Our Senior Surgeon is co-author of



"Every Woman's Guide to Cosmetic Surgery" and "Basic Account of Cosmetic Surgery"



Other Surgical & Non-Surgical Treatments Available

Surgery for Women

Breast Enlargement
Breast Reduction/Uplift
Nose Reshape
Liposuction
Ear Reshape
Face Lift
Eyelid Surgery
Tummy Tuck
Dermabrasion

Surgery for Men

Nose Reshape
Liposuction
Chest Reduction
Ear Reshape
Tummy Tuck
Face Lift
Eyelid Surgery
Dermabrasion

Non-Invasive Treatments Available for Women and Men

Facial Rejuvenation
Dermal & Facial Fillers
Brow Lift
Excess sweating treatment
Lip enlargement
Hibernation treatment for lines & wrinkles
Fat Reduction

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Consultations & treatments also available in Mullingar



Guide to Inverted Nipple Correction



Guide to Inverted Nipple Correction

Aims

The purpose of inverted nipple correction is to pull out or evert the hidden nipples so that they protrude from the centre of the areola.

Indications

Nipple inversion is classified into 3 grades according to the severity of the condition:

- Grade 1: can be pulled out easily and maintain this projection. This type will also respond to external stimulation.
- Grade 2: can be relatively easily pulled out but have a tendency to retract easily.
- Grade 3: is severely retracted and difficult to pull out manually.

Preoperative Considerations

Many techniques have been developed to correct this blemish but none are 100% successful and further adjustments occasionally need to be made.

The Operation

Anaesthetic: Local

Duration of Operation: 30 minutes

1. A tiny incision is made at the base of the nipple, cutting through the fibres and some milk ducts which pull the nipple inwards. This releases (everts) the nipple outwards.
2. Further tiny incisions are made at the base of the nipple.
3. Stitches are then inserted via these incisions, which, when tied will close the tissue defect beneath the nipple in an attempt to prevent it from inverting. The stitches disappear beneath the skin so that they are not visible on the outside.
4. A dressing is placed over each nipple and areola.

Duration of Stay in Clinic:

Walk-in, walk-out procedure

Time Required Off Work: 1 day

Postoperative Management

Patients are discharged home immediately after the procedure and advised to rest. Most will return to work the following day. The dressings can be removed the next day and a shower can be taken. Some discomfort is to be expected but this responds well to standard pain killers.

Results

The usual result is entirely normal-looking nipples which react normally to temperature changes and being touched. Scarring is minimal and doesn't usually present a problem.

